

Show Development & Performances

Ophelia

Co-creator, director, performer

- October 29-November 1, 2023 Bread and Puppet Theater- Glover, VT
- October 23, 2023 Madison Circus Space- Madison, WI
- October 15-16, 2023 Westside Theater- Missoula, MT
- March 18-26, 2023 Sparrow Studios- Olympia, WA

The Vivarium

Co-creator, director, performer

- March 14-22, 2020 Youngstown Cultural Arts Center- Seattle, WA
- September 14, 2019 Arcadia Cultural Arts Center- Seattle, WA

A System of Strings

Co-creator, director, performer

- Jan 5-6, 2019 Arcadia Cultural Arts Center- Seattle, WA
- April 14, 2018 Lookout Arts Quarry- Bellingham, WA
- February 10, 2018 Community Arts Hangar- Talkeetna, AK
- January 27- February 4, 2018 The Church of Love- Anchorage, AK

A Length of Rope

Creator, producer, director, performer

- April 8-10, 2022 Airbound Arts- Olympia, WA
- July 1, 2017 The Prop Box- Oakland, CA
- June 16-18, 2017 AirDance New Mexico- Albuquerque, NM
- June 9-10, 2017 Wise Fool New Mexico- Santa Fe, NM
- May 27, 2017 Caroline Calouche & Co.- Charlotte, NC
- May 18-21, 2017 TheatreNOW- Wilmington, NC
- May 12, 2017 Philadelphia School of Circus Arts- Philadelphia, PA
- May 5, 2017 The Muse Brooklyn- Brooklyn, NY
- April 29, 2017 Esh Circus Arts- Boston, MA
- April 21, 2017 Madison Circus Space- Madison, WI
- April 8-9, 2017 The Cirque Lab- Bellingham, WA
- April 7, 2017 Versatile Arts- Seattle, WA
- March 25, 2017 Anchorage Community Works- Anchorage, AK
- February 4, 2017 Mariner Theatre- Homer, AK
- November 12, 2016 UAA Recital Hall- Anchorage, AK
- October 22, 2016 Community Arts Hangar- Talkeetna, AK

- September 25, 2016 Seward Music and Arts Festival- Seward, AK
- May 25, 2016 TheatreNOW- Wilmington, NC

Dram Tree Shakespeare's The Tempest

Aerial Choreographer

- April 14-May 1, 2016 McEachern's Warehouse- Wilmington, NC

Other Selected Performances

- *The Brotherhood Takes Flight*, Performer, 2022-Present, Olympia, WA
- *Aerial Arts Showcase*, Performer, November 2017, Bellingham, WA
- *Storytelling in Any Medium (A Special Edition Speak Easy Wilmington)*, Producer/Performer, April 2015, Wilmington, NC
- *Lake Eden Art's Festival*, Performer, October 2014, Black Mountain, NC
- *Sarus Festival for Site Specific Art*, Performer, August 2014, Wilmington, NC
- *Emergency Circus Tour to the Rescue*, Performer, June 2014, North Carolina Tour
- *Subdued Stringband Jamboree*, Performer, August 2010-2013, Demming, Wa
- *Aerial Arts Showcase*, Performer, November 2012, Bellingham, WA
- *Denver Aerial Acrobatics Festival*, Performer/Semi-Finalist, March 2011, Denver, Co
- *The New Old Time Chautauqua*, Performer, June 2010, Northern California Tour

Awards and Residencies

- 2019 Gap Award Recipient, Artist Trust
- Artist in Residence, Arcadia Cultural Arts Center, Seattle, WA January 1-6, 2019
- Artist in Residence, SANCA, Seattle, WA December 17-21, 2018
- Artist in Residence, The Church of Love, Anchorage, AK January 4-28, 2018
- Artist in Residence, Lookout Arts Quarry, Bellingham, WA December, 2017
- Artist in Residence, TheatreNOW, Wilmington, NC May 15-21, 2017
- Artist in Residence, The Muse Brooklyn, May 1-5, 2017

Education

- Master's in teaching- Evergreen State College, June 2022
- BA- English, Creative Writing- Western Washington University, March 2010
- Trapeze Training, Academie Fratellini, August-December 2017
- Circus Teacher Training, Versatile Arts, 2013
- Circus Arts Training, Bellingham Circus Guild, 2008-2013
- Gymnastics Level I-V, Island Gymnastics, 1991-2001

Selected Teaching

- Youth Program Director, Sparrow Studios, Olympia, WA, Sept. 2022-Present
- After School Circus Camp, TheatreNOW, Wilmington, NC, May 2017

- Shadow Puppet Workshop, Anchorage Museum, Anchorage, AK, February 2017
- Circus Summer Camp, TheatreNOW, Wilmington, NC, June 2016
- Gymnastics Coach, Gymnastics Unlimited, Wilmington, NC 2014-2016
- Spring Break Circus Camp, The Cirque Lab, Bellingham, WA, April 2011

Projects and Publications

Founder, Director 2016- Present

A Frayed Knot Circus

www.afrayedknotcircus.com

Research Team Editor 2014-2016

Circus Now

www.circusnow.org

Founder, Artistic Director 2011-2015

Capistrano Circus

www.capistranocircus.com

The Art of Vulnerability: An interview with Cobdi Harrel of Ricochet November, 2015

Published on www.circusnow.org

The Importance of the Imperfect May, 2014

Published on www.circusnow.org